

Important Information

This is a strange variant of hypnosis I'm testing out that's meant to establish a baseline "transformation mindset", which can then be exploited to enable any kind of hypnotic TF you want, any time you want. It's recommended that you fill out an IAM form and practice it, following all instructions on that sheet, before reading this hypnosis. You also need to come prepared with a key phrase, called a RAM, that will be used to immediately snap you out of this mindset and back to reality. Be safe and sane about this; the IndraNet state is not a substitute for reality!

In order for reading this hypnosis to be effective, do so in a quiet space where you have half an hour to set aside for it. Focus entirely on the text, but let that be a relaxed, enjoyable process. Read it slowly. Follow all instructions as best you can, but without straining. Do nothing else; no clicking away. Music to help you focus is allowed. You can read through it before committing to it.

Most of all, please enjoy!

Hypnosis

Hello! Thank you for your interest in becoming a citizen of Fura City — a "Raffian", as we call them! I will be your guide through the IndraNet installation. This will create a special state of mind— an inner Fura City, of sorts— in which you become easily malleable in body and mind, and which you can access at any time you like. You will be able to become nearly anything your heart desires! And, of course, it will ensure you always know how to return to normalcy and stability. Once the IndraNet state is mastered, you can move gracefully from fluid transformability and strong, stable, one-form reality.

Do you have your IAM papers with you? It is very important to have them all filled out, and your IAM fully practiced, so that your first transformation following the installation can proceed smoothly. Your IAM is essential to becoming a brand new you.

And, of course, remember that Fura City has a culture built on trust and consent. You may leave at any time, reversing any transformations and bringing you back to normal. Also ensure that your RAM is memorized, and close at hand. This will allow you to return to daily life in an instant at any time.

Is everything in order? Very good. If you truly want to transform and enter Furaf City, please take a moment to relax and settle down. If you do not, you are free to go on your way. You are always welcome to return, when the moment is right. Are you ready?

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Wonderful. The installation process has been activated, and will begin shortly. In the meantime, why not settle down in your chair? Get so comfortable. Get so relaxed. It feels so good to be here. Relax your whole expression; smile, even, if you want to. Take a deep breath in, and out, nice and slow. It feels so good to breathe. Take another deep breath in, and out, so relaxed, so carefree. One more time: Breathe in... breathe out... wonderful. It is so wonderful to relax and settle down.

Very good. I am going to ask you to notice more and more things, up to ten. Ten is a lot to notice. Please remember that you need to only notice them for a single moment. You certainly should not force yourself to notice them for any longer than feels nice. It's okay if your mind wanders. It's okay if you forget them. I will help remind you. Simply put, whenever you notice these things, feel happy that you did.

Now, one: notice that you're breathing. It's okay now, if they're shallow, or deep, or somewhere in between. It's just your breath exactly as it wants to be. You're just noticing it.

Next, two: notice that you are reading this. You read these words. It doesn't matter how they look. It's just a humble guide helping you to relax, and you are reading it. Do you remember that you're breathing, too? Notice that again. Notice the words that pointed out your breathing. Very good. You're doing wonderfully.

Next, three: notice your seat. Notice how you sink into it; it doesn't matter how much, or how little; just notice that it is there, and a little bit around you. Notice how some of you feels your seat, and some of you feels your breath. Notice the text telling you to notice these things. Notice all three. Very good.

Next, four. Notice your arms. Where are they? It doesn't matter where. You don't even have to look at them. You're just noticing them, feeling them. Maybe you notice them

moving to be more comfortable, and more relaxed. That's okay. You're just noticing them. Just like you notice your seat, your breath, and this text.

Five. Notice your feet. Where are they? Anywhere is perfectly okay. Maybe they move, to make you feel so relaxed. That's perfectly okay. Just like your arms are perfectly okay, and your seat, and this text, and your breath. You're doing well. Noticing all these things is so relaxing for you. You're so happy to notice it all, either all at once, or one by one.

Six. What does the room look like? Take a quick look around. It may be messy, or clean, or somewhere in between, and that's all perfectly okay. However you breathe into it, and sit in it, and read in it, and feel in it, is perfectly okay. When you notice the room, you might know that there's a door here, or a light there, even if you don't look at it directly. Any way you notice the room is perfectly okay. It's so nice to notice the room. It's so nice to notice your arms, this text, your seat, your breath, your feet, the room.

Seven. Take a moment to really settle in. You are doing so good. You feel so good. What's the temperature of the room? You don't need to imagine it. You can feel it right now. Maybe it's a little hot, or a little cold, or just right. It's perfectly okay. You notice it just how it is. It's so relaxing just to notice the temperature, just how it is. Just like it's so relaxing to notice your breath. Relax, because you noticed your seat, your arms. Settle in, noticing your feet, the room, the temperature, your seat, your arms, your breath, this text. You're doing so good. It's so nice to be here. So relaxing.

Eight. How does your head feel? Maybe there's a little tension. That's perfectly okay. There's some weight to your head. That's perfectly okay. Maybe you're nodding forward, or back, or to the side. Maybe your head is moving now. That's perfectly okay. You're noticing it, even if it moves to make you so relaxed, and so comfortable. You're noticing your head, and your breath, and this text, and the room, and its temperature, and your feet, and your seat, and your arms. You notice these, maybe all at once, maybe in order. It feels so good to notice each one, even for the shortest instant. It makes you feel so relaxed to notice it all.

Nine. How do your eyes feel? They're reading this text, which you notice. How else do they feel? Notice it. Maybe notice your eyes adjusting, relaxing, helping you feel so comfortable. That's perfectly okay. Notice your eyes, and then your whole head. Notice

how you breathe in, starting there, going down into your body, past the arms you notice, as you sink into your seat that you notice, deeper and deeper, the breath going all the way down to your feet, which you notice. Your eyes are open, and help you notice the text gently guiding you, the room you're in, how it all looks. You notice the room's temperature. You're doing so good. It feels wonderful to notice all these things.

Ten. Notice why you're here. You're here for the IndraNet procedure. Lots of thoughts are probably going through your head when you think of that. Those are all perfectly okay. But all you need to notice is just one thing: IndraNet. All by itself. It feels good to notice IndraNet. It's comfortable to notice IndraNet in the head you notice, and you feel relaxed as you notice your eyes and your breath, as you notice this text. You notice IndraNet, but also notice your seat, and your arms, and the temperature of the room. You notice your feet, and the room all around them. You notice so many things. It feels good to notice all ten things: your breath, this text, your seat, your arms, your feet, the room, its temperature, your head, your eyes, and IndraNet. You're doing so wonderfully.

But it might be a little tiring as well. Wouldn't it be so nice just to focus on just one thing? It would, wouldn't it? So, please, just notice that you're reading this text. Let everything else fade away. Yes, even IndraNet. Don't worry. We have all of that covered. You don't need to think about it one bit to make it happen. In fact, it's already happening. So just focus on the text, so relaxed, so carefree. Very good.

Now, I would like you to focus on something else, as this text fades into the background. I want you to ask yourself, "Who am I?" Let that question rest gently in your mind. Now, notice: How did you answer that question? Did something float into your mind to tell you who you are? That answer is an anchor. Even an answer as simple as "I am me" or "I don't know" is an anchor. It keeps you safe and sturdy in a chaotic world, by locking you to just one identity.

In FuraF, you are safe and loved. While you're in FuraF, you don't need an anchor like that. Relax, and be comfortable. Let the anchor go, and feel so free. Don't worry, it will be right here for you to pick up when you leave. If you find that you cannot let go of it, that's perfectly okay. Ask yourself "Who am I?" again, and choose a different answer, a different anchor, one that is easier to release. Let go of that anchor without a care. For now, you are not that. You will be that later, when it serves you.

Instead, you are now in the IndraNet state. Here... you are nothing but context. Ever in flux, so free, so malleable. Context is everything without mixing with everything within, until there is not an ounce of difference between them. It is always changing. You are always changing, in every moment. Say it to yourself. "I am nothing but context." When you say that line, wanting it to be true, you will enter and remain in the IndraNet state, any time you like. When you do, imagine the tall, proud city walls of Fura all around you. A clear border between Fura City and the world beyond. The city is so big.

Ask yourself again: "Who am I?" Maybe you answered "I am context". That's perfectly okay, either way. But another answer might have floated in as well. Another anchor, a heavy shield for a great, big world. You can set it down now. You are safe and loved. You don't need that anchor right now. Set down all these anchors just outside the IndraNet state, just past the city walls of Fura. They will not serve you here. But they are ready to serve you, the moment that you leave.

Who are you? For now, you're not what your anchors say you are. They're outside the city. You're inside. You're just context. You are nothing but context. Say it to yourself. "I am nothing but context." When you want it to be true, saying so places you in the IndraNet state, and helps keep you there, any time you like.

Who are you? You are context. Are you anything else? If you can, gently set that answer just outside, to pick up some other time. You can see it through windows in the city walls, but they cannot tell you who you are. You don't need to be anything but context right now.

Who are you? You are context. Let go of your old, anchoring identity, and put it outside. Be free. Be malleable. Always changing. Always so happy, and free, and safe. Here, indulging in the IndraNet state, you are context.

You are nothing but context. Remember the key to the IndraNet state: You must say to yourself, "I am nothing but context," and want it to be true. When you do so, you will enter and remain in the IndraNet state, any time you like.

Relax, be comfortable, as context. Context never needs to do. It only ever is. Anything it does or does not do is also context. You can relax. You need not strain, or *try* to be context. You already are context. Anything else you try to be, you can relax, and let it go. It feels so good to let go, and be nothing but context.

You are pure context. Safety and love is part of the context that you are.

Say it to yourself, and want it to be true: "I am nothing but context."

Very good. You are in the IndraNet state, and surrounding you are the tall city walls of Fura. For as long as you are within them, you are in the IndraNet state.

Context is always changing. You are context. You are always changing. You can change. You can have new context; you can be new context. You know what context you want to be. Recall your IAM. Let it gently float into your current context, in this present moment. Who are you? You are context, yes. But now, you can set that aside. You are becoming more than just context. Who are you? State your IAM.

Very good. That is who you are.

Who are you? State your IAM. The context of your body is changing, transforming, stabilizing into something new. How is it changing? Are you growing? Are you shrinking? Are your limbs changing shape? Is your skin becoming fluffy, or metallic, or developing a sheen? State your IAM. You know how your body is changing. Perhaps it gets heavy, or liquid, or so light as it fills with air. Perhaps you grow a tail, or wings, or both, or more. You notice all of these changes, and even if it is just for one moment each, those singular moments feel so good. You are becoming who you are.

Who are you? State your IAM. The context of your mind is changing, transforming, stabilizing into something new. How is it changing? Are you more gentle? Are you more confident? Has your voice gotten louder, or quieter? Are you more masculine, more feminine, or perhaps more of something else? State your IAM. You know who you are. Your IAM is offering you some new anchors. Accept them willingly, and gratefully. These will let you be who you are, for as long as you wish to be this way, for as long as you are in Fura. You can put them down at any moment. You merely need to say "I am nothing but context," and you will return to a pure IndraNet state, without any IAM transformation. But for right now, you want these anchors, you want to have a new context, and you want to become who you are. You're so happy to transform. So content and relaxed.

Who are you? State your IAM. This is who you are, top to bottom. Every aspect of it feels so wonderful.

Very good.

In the IndraNet state, you may become precisely the IAM form you wish to be. Each IAM form will serve you, and you will not serve it. You may set down all of its anchors at any time you wish, and they will cease to affect you at once. They are here purely at your pleasure and desire.

But there is a world beyond the tall, stately walls of Furf City, and it requires more than just the IndraNet state. Approach the city walls again. You may leave at any time. You know how to open the doors at any time. You need only call to heart and mind your RAM. Bring it to mind now. Let it become true.

State your RAM. Who are you? You are much more than context. Your anchors come back, so soothing in their certainty and strength. You have left the IndraNet state. You can imagine the city walls deep in your mind. These walls surround the IndraNet state that is now within you, for as long as you wish it to be there. You can walk around them, but you are outside them. You cannot enter unless you state the IndraNet key phrase, and want it to be true.

Who are you? You know who you are. Plenty of answers come to mind. You are much more than just context. You are stable and steady and content, thanks to your anchors. They no longer bind you, because you know that you can let them go by entering the IndraNet state any time you want. They will serve you, and you will not serve them.

Now, enter the IndraNet state again. Who are you? State the key phrase. "I am nothing but context." You want it to be true, and so it is. The city walls open, graciously accepting you into the IndraNet state.

You are nothing but context. Allow your context to change. State your IAM proudly. That is who you are right now. That is what the context is right now. You love the feeling of transformation, of a new context. You love the anchors that come with it, making you sturdy and proud in your new life.

State your IAM with satisfaction. The context of your body has changed. The context of your mind has changed. You're so happy to be who you are.

State your IAM with joy. Step forward, transformed to something new, and marvel at the tall skyscrapers all around you. You love being within Furaf City.

Welcome, new Raffian, to Furaf City.